



# Student Health Services

## Welcome Missouri S&T Parent and Student,

We would like to take this time to introduce some of the medical services at S&T.

The Student Health Complex is located at **910 W 10<sup>th</sup> Street**, across from Allgood-Bailey Stadium. Service hours are **8:00 a.m. – 4:30 p.m. Monday – Wednesday and Friday, 9:00 a.m. – 4:30 p.m. on Thursdays**. Student Health operates on an urgent care, walk-in medical model, with short wait times. We do not replace your current primary care provider but can assist in care while your student is on the S&T campus.

We staff five providers: Physician, Physician Assistant, two Nurse Practitioners, and an Orthopedic Nurse Specialist.

### Our Services Include:

Walk-in Acute Care Clinic  
Orthopedic Clinic  
Immunizations

Minor Procedures  
Travel Consultations  
Physical Exams

Allergy Injections  
Well Woman Services  
Sexual Health

Primary services are offered at no charge. There are reduced-cost copays for some laboratory, x-rays, and medications. These can be paid at the time of service or charged to the student account. In most cases, our services are less than the copay at your primary care office. For example, most antibiotics are \$5; most labs are \$5-15; and x-rays are \$55. Of the students that visit the health center, 80% occur no charges, as in-house testing and many dispensed medications are not charged.

### Insurance:

Student Health does not bill insurance, however we suggest that students have a copy of their insurance card (front and back) should it be needed for an emergency or for an outside provider. Our insurance coordinator can be available to assist with this process.

### Electronic Health Records

All medical records are electronic and comply with privacy standards.

Students are required to log into their **PORTAL** (<https://studenthealth.mst.edu/>) with their student ID and password. Upload proof of immunizations here and complete the following required forms:

- Tuberculosis Screening form
- Privacy Statement
- Health History
- Consent to Treat a Minor Form (only for students under the age of 18)

### Immunization Requirements

Students living in campus housing are required to be vaccinated for **Meningitis**.

All students taking classes on campus are required to have current **MMR** vaccines.

Holds will be placed on registration if these are not completed.

For more information, visit: <https://studenthealth.mst.edu/newstudentinformation/immunizationguide/>



## **Special Medical Needs**

If your student has special medical needs, please contact us **prior** to arrival on campus.

## **ADD/ADHD**

Student Health providers do not prescribe medications for ADD/ADHD. There are non-medication services available through the counseling department. To see our complete list of strategies and services available for students with ADHD/ADD, visit the Student Health website.

## **Mental Health**

If your student has specific Mental Health needs it may be wise to discuss these prior to arrival to campus. S&T offers a brief treatment model for common mental health needs such as: stress, anxiety, and depression. Limited psychiatric services are available in the area. Student Health providers offer limited ability to manage mental health medications. If you want to meet with the counseling staff please contact [counsel@mst.edu](mailto:counsel@mst.edu). For more info, visit: <http://counsel.mst.edu/>.

## **Health Promotion and Well-Being**

The office of Miner Wellness offers a broad range of health promotion services. Students may schedule a consultation with a health educator or attend a campus event on the topics of nutrition, alcohol and drug education, stress and time management, sexual health, healthy relationships, or sexual violence prevention. They may also relax and distress by engaging in a mindfulness activity in the Miner Oasis in 201 Norwood Hall. For a list of all wellness initiatives, visit: <http://minerwellness.mst.edu>

## **Allergy Injections**

Students that require allergy injections will need to present to the health center with their serum and complete a Request and Consent for Administration of Allergy Immunotherapy. Injections will be coordinated with the prescribing allergist. There is a \$45 per semester administration charge. Students can store their allergy serum at the health center but should pick up the serum during extended breaks. For more info, visit: <https://studenthealth.mst.edu/ourservices/allergyinjections/>

## **Disabilities**

If your student has a disability they will need to register at the disability office.  
<https://dss.mst.edu/>

## **Student Athletes**

If your student is a varsity athlete, there will be an on-campus complete medical evaluation required prior to the start of practice or competition. Contact your coach for details on the time and location. Complete the required forms on the electronic health record PORTAL prior to arrival to campus. Student-athletes cannot be cleared until these are completed.

Thank you and we look forward to seeing your student on campus. To expedite your student's registration, please assist them into logging onto their PORTAL on the Student Health website and completing the required forms and immunization requirements as soon as possible. Contact me if you have any questions.

## **Dr. Dennis Goodman**

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