COVID TESTING INFORMATION

Waiting for test results?
1. Stay home and isolate from others.
2. Do not go to work or school or visit with others.

*Please contact a health care provider if you begin to experience any worsening symptoms. If you develop shortness of breath or difficulty breathing, you should seek immediate medical attention.*

My COVID-19 Test results are:

Positive

Are you affiliated with Missouri S&T as a student, staff or faculty?
- Yes
  - Contact the S&T COVID line at 573-341-4902 or COVID@mst.edu.
- No
  - Please follow the guidance of your local county health department.

Are you having symptoms?
- Yes
  - Stay home and distance from others for 5 days after your test was collected. Then for 5 additional days wear a mask around others.
- No

Negative

Have you been identified as a close contact to a positive COVID-19 case?
- Yes
  - See additional resource for close contact information.
- No
  - Return to normal activities once fever free for 24 hours without medication and feeling better.

Stay home and isolate from others until:
1. 5 days have passed since your symptoms started. AND
2. 24 hours after your fever is gone without using medication. AND
3. Your other symptoms have improved (loss of taste and smell should not delay end of isolation).

- Staff and Faculty: You should identify and notify your close contacts. See additional resource for close contact notification.
- For academic accommodations, contact Care Management Services at 573-341-4209 or cm@mst.edu.
- If you live in campus housing (RC 1 or 2, UC, TJ), you will be given housing accommodations for isolation.
- If you live in Greek housing or the Christian Campus House, contact your house president for isolation space accommodations.
- Staff or Faculty: You should notify your supervisor.
- Student, Staff, or Faculty: Contact the Student Health COVID line at 573-341-4902 or COVID@mst.edu if you have not already done so.

For more information, visit [coronavirus.mst.edu](https://coronavirus.mst.edu).

Revised July 30, 2021
How long do I have to stay home after testing positive for COVID-19? (fill in the blanks)

<table>
<thead>
<tr>
<th>Date I first felt sick:</th>
<th>Date 5 days later:</th>
<th>My fever was gone on:</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Example:</strong> November 10</td>
<td>November 15</td>
<td><strong>Example:</strong> November 15</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Date 24 hours after last fever:</th>
<th>My other symptoms got better on*:</th>
<th>Circle the latest date. Stay home until:</th>
</tr>
</thead>
<tbody>
<tr>
<td>November 16</td>
<td><strong>Example:</strong> November 12</td>
<td>November 16</td>
</tr>
</tbody>
</table>

* if symptoms not improved after 5 days, call your physician

Who is a Close Contact?

Starting two days before symptom onset or, in the absence of symptoms, two days before the test was collected:

a. You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more (in 24 hours), with or without a mask.

b. You provided care at home to someone who is sick with COVID-19.

c. You had direct physical contact with the person (hugged or kissed them).

d. You shared eating or drinking utensils.

e. They sneezed, coughed, or somehow got respiratory droplets on you.

Emergency

Phelps Health Emergency Room
1000 W. 10th St. 573-458-7800

Walk-In Clinics

Phelps Health Immediate Care – Rolla
603 S. Bishop Ave., Suite C 573-426-4411 8 a.m. – 8 p.m. 8 a.m. – 6 p.m.

Phelps Health Walk-In Clinic
1050 W. 10th St., Suite 300 573-364-9000 8 a.m. – 4:30 p.m. N/A

Mercy Convenient Care – Rolla
1605 Martin Springs Drive, Suite 210 573-458-6350 9 a.m. – 5 p.m. 9 a.m.–1 p.m.

Your Community Health Center
1081 E. 18th St. 573-426-4455 9 a.m. – 9 p.m. 8 a.m. – 5 p.m.

Rolla Family Clinic
416 S. Bishop Ave. 573-426-5900 8 a.m. – 4:30 p.m. N/A

Campus (call for appointment)

Student Health Services
910 west 10th St. 573-341-4284 9 a.m. - 3 p.m. N/A

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