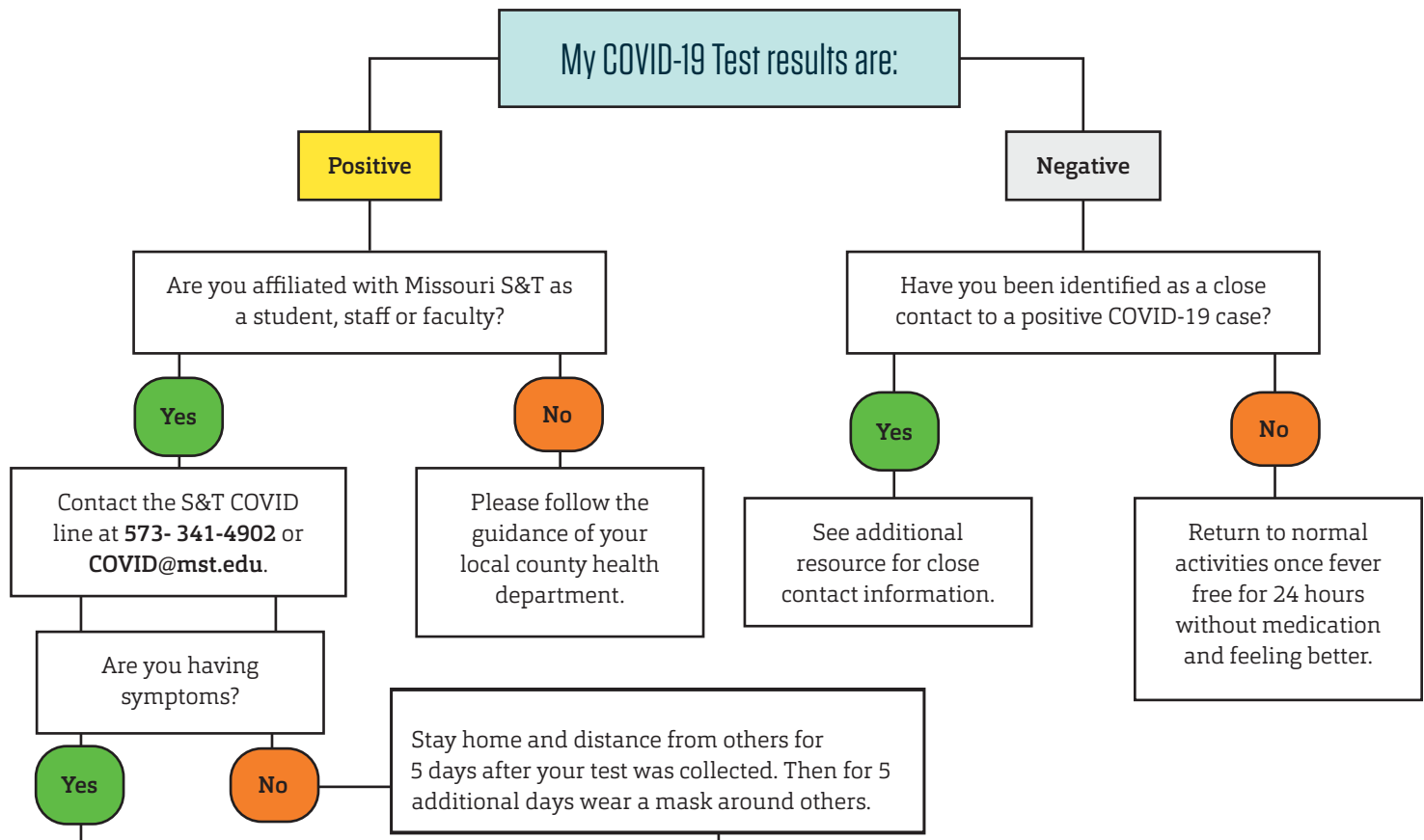


COVID TESTING INFORMATION

Waiting for test results?

1. Stay home and isolate from others.
2. Do not go to work or school or visit with others.

Please contact a health care provider if you begin to experience any worsening symptoms. If you develop shortness of breath or difficulty breathing, you should seek immediate medical attention.



Stay home and isolate from others until:

1. 5 days have passed since your symptoms started. **AND**
2. 24 hours after your fever is gone without using medication. **AND**
3. Your other symptoms have improved (loss of taste and smell should not delay end of isolation).

- Staff and Faculty: You should identify and notify your close contacts. See additional resource for close contact notification.
- For academic accommodations, contact Care Management Services at 573-341-4209 or cm@mst.edu.
- If you live in campus housing (RC 1 or 2, UC, TJ), you will be given housing accommodations for isolation.
- If you live in Greek housing or the Christian Campus House, contact your house president for isolation space accommodations.
- Staff or Faculty: You should notify your supervisor.
- Student, Staff, or Faculty: Contact the Student Health COVID line at 573-341-4902 or COVID@mst.edu if you have not already done so.

How long do I have to stay home after testing positive for COVID-19? (fill in the blanks)

Date I first felt sick:	Date 5 days later:	My fever was gone on:
Example: November 10	November 15	Example: November 15
Date 24 hours after last fever:	My other symptoms got better on*:	Circle the latest date. Stay home until:
November 16	Example: November 12	November 16

* if symptoms not improved after 5 days, call your physician

Who is a Close Contact?

Starting two days before symptom onset or, in the absence of symptoms, two days before the test was collected:

- You were within 6 feet of someone who has COVID-19 for a total of 15 minutes or more (in 24 hours), with or without a mask.
- You provided care at home to someone who is sick with COVID-19.
- You had direct physical contact with the person (hugged or kissed them).
- You shared eating or drinking utensils.
- They sneezed, coughed, or somehow got respiratory droplets on you.

Emergency	Address (Rolla, MO 65401)	Phone		
Phelps Health Emergency Room	1000 W. 10th St.	573-458-7800		
Walk-In Clinics	Address (Rolla, MO 65401)	Phone	Monday-Friday Hours	Saturday-Sunday Hours
Phelps Health Immediate Care – Rolla	603 S. Bishop Ave., Suite C	573-426-4411	8 a.m. – 8 p.m.	8 a.m. – 6 p.m.
Phelps Health Walk-In Clinic	1050 W. 10th St., Suite 300	573-364-9000	8 a.m. – 4:30 p.m.	N/A
Mercy Convenient Care – Rolla	1605 Martin Springs Drive, Suite 210	573-458-6350	9 a.m. – 5 p.m.	9 a.m. – 1 p.m.
Your Community Health Center	1081 E. 18th St.	573-426-4455	9 a.m. – 9 p.m.	8 a.m. – 5 p.m.
Rolla Family Clinic	416 S. Bishop Ave.	573-426-5900	8 a.m. – 4:30 p.m.	N/A
Campus (call for appointment)	Address (Rolla, MO 65401)	Phone	Monday-Friday Hours	Saturday-Sunday Hours
Student Health Services	910 west 10th St.	573-341-4284	9 a.m. - 3 p.m.	N/A